

The Black Isle by foot, bike, bus & train

Discover the joys of greener, healthier and more sociable ways of getting around, by reducing your car travel and taking to walking, cycling, lift-sharing and public transport. Playing your part in reducing Scotland's carbon footprint can be enjoyable and counteracts climate change.



Transition Black Isle (TBI) has created the map for the benefit of residents and visitors who wish to explore the area. The aim of TBI is to help Black Isle communities thrive in the face of global changes in climate and resources. TBI runs community markets, supports local food and drink producers, and helps people grow more food. TBI encourages non-car travel, supports energy saving, and promotes safer cycling and the reduction of single use plastics - and more.

www.transitionblackisle.org



Black Isle Bicycles, a TBI partnership with local enterprises, provides a cycle hire service on the Black Isle. Hybrid and electric bikes are available for hire by the day or longer. The Black Isle Tourism Team that started as an initiative of Black Isle Bicycles is developing the Black Isle as a must-visit destination for cycling, and a must-cycle destination when visiting.

www.blackislebicycles.co.uk

Please use the QR codes on this leaflet to access more information on each topic.

Need more detail?
www.OpenStreetMap.org
 Incredibly detailed online map vastly improved by volunteers

Cromarty Ferry (not running in 2020)
 Seasonal small car ferry. Cromarty Ferry Summer service only. 1 June to 30 September.
 Live updates: <https://twitter.com/HighlandFerries>. Or phone 07468 417137.

Cycling in the Black Isle

Suggested routes

- on main / busy road
- on minor / quiet road
- on paved cycle / pedestrian path
- on unsurfaced track or path

Other symbols:

- Red square: National Cycle Network
- Red square with 'X': Extra care required
- P: Bike parking
- Blue square: Bike shop
- Blue circle: Bike hire
- Blue circle with 'X': John o' Groats Trail

Community Cycle Routes around the Black Isle

Recommended on-road route suitable for road bikes	Route with off-road sections suitable for hybrid bikes
1 Cromarty to Culbokie 24km 60-80 min	1 29km 90-120 min
2 Cromarty to Rosemarkie 14km 50-80 min	2 15km 50-80 min
3 Rosemarkie to Avoch 7km 20-30 min	3 6km 20-30 min
4 Avoch to Munloch 11km 35-60 min	4 11km 35-60 min
5 Munloch to North Kessock 9km 25-45 min	5 11km 30-55 min
6 Culbokie to Conon Bridge 10km 25-40 min	6 10km 25-40 min
7 Conon Bridge to Dingwall 4km 12-20 min	
8 Culbokie to Munloch 10km 30-45 min	8 8km 25-45 min
9 Conon Bridge to Muir of Ord 9km 35-45 min	
10 Muir of Ord to North Kessock 14km 35-50 min	10 14km 45-60 min
11 North Kessock to Inverness 2km 10-15 min	
12 Avoch to Culbokie 13km 50-75 min	12 14km 55-80 min
13 Munloch to Muir of Ord 16km 45-75 min	13 18km 50-80 min

Download a detailed route card for each Community Cycle Route at www.transitionblackisle.org/community-cycle-links

Amenities and Visitor Attractions

- Railway station
- Bus station
- Bus route
- Bus stop
- School
- Visitor information
- Place of interest
- Petrol station
- Parking
- Toilets
- Picnic site
- Cafe
- Restaurant
- Pub
- Grocer shop
- Play park
- Dolphin watching
- Bird watching
- Golf course
- Viewpoint
- Community garden
- Community market
- Camp / caravan site

Map Key

- A9: Main road - dual
- A832: Main road
- B9161: Secondary road
- Minor road
- Track
- Footpath
- Railway station
- Woodland

Heights in metres

- 300
- 250
- 200
- 150
- 100
- 50
- 0

10m contour intervals

Map Scale 1:65,000

How long will it take?

- 15 minutes of cycling will take you this far
- 30 minutes walking will take you this far

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